



# 16 DAYS OF ACTION NEWSLETTER

Welcome to our annual 16 Days of Action newsletter giving you information about the international campaign together with dates for local events and initiatives in Forth Valley. Please come along to one of the events and help us to make the 16 Days a time when **we all speak out against violence against women.**

## **What is the 16 Days of Action?**

The '16 Days of Action' is an international campaign that calls for the elimination of violence against women and children. It was started by the Centre for Women's Global Leadership in 1991. The 16 Days run from November 25<sup>th</sup> (International Day against Violence against Women) through to December 10<sup>th</sup> (International Human Rights Day) with the aim of reframing women's rights as human rights.

Whilst this campaign focuses specifically on male violence against women, it is recognised that men can also be subjected to many of these issues, as can people in same sex relationships, however in the vast majority of cases these acts are carried out by men against women.

Please come along to one of the events detailed in this newsletter and make the 16 Days a time when we all speak out against violence against women.

## **Did You Know?**

- Around 1 in 4 women will experience some form of domestic abuse at some time in her life with similar figures approximated for rape, sexual assault and childhood sexual abuse.
- Central Scotland Police recorded 3708 incidents of domestic abuse in 2010-11
- Around a third of teenage girls in a relationship suffer an unwanted sexual act
- The Forced Marriage Unit deals with approximately 300 to 400 cases of forced marriage a year across the UK
- Research indicates that 77% of stalking victims don't report the situation until over 100 incidents have taken place.
- Women who are experiencing violence are 15 times more likely to use alcohol and 9 times more likely to use drugs than women generally
- A study of 1000 girls undertaken by the Lab TV website in 2008 revealed that 63% of girls aspired to become glamour models

*Look out for information about our campaign on Facebook*

# World Day for Prevention of Child Abuse

**Callendar Park, Falkirk**  
**Sunday 13<sup>th</sup> November, 11:00am until 1:00pm**

To mark the World Day for Prevention of Child Abuse a FREE fun children's treasure hunt will be held in Callendar Park, Falkirk on Sunday 13<sup>th</sup> November. The fun begins at 11:00am where you can meet various characters in fancy dress. Don't forget to wear your own fancy dress costume and to bring along your camera. There will be prizes for everyone attending. All children must be accompanied by a responsible adult.

Every adult has a responsibility to ensure the safety of children. It is the action of adults or failure to take action, which results in the physical, sexual and emotional abuse or medical and nutritional neglect of a child, presenting a serious risk to the welfare a child.

Join us on **November 13<sup>th</sup> at 11:00am** to mark and acknowledge the importance of preventing child abuse.



For further information please contact:  
Central Scotland Rape Crisis & Sexual Abuse Centre  
on 01786 446887



*Forth Valley College is supporting the 16 Days campaign once again this year by holding an awareness raising day on Wednesday 7<sup>th</sup> December in the Falkirk Campus – look out for our various activities.*

The Forth Valley Domestic Abuse training Consortium is holding a Level 1 Domestic Abuse training session on Wednesday 23<sup>rd</sup> November. This course is now fully booked but additional sessions will be arranged to meet demand.

The day is an introductory multi-agency session that aims to develop your understanding of domestic abuse, its challenges and impact on women, children and young people. The training is aimed at workers who are currently working directly or indirectly with those affected by domestic abuse or those who have an interest in working in this field in the future.

To register your interest in future training please contact [jess.kennedy@falkirk.gov.uk](mailto:jess.kennedy@falkirk.gov.uk) or [Forr@clacks.gov.uk](mailto:Forr@clacks.gov.uk)

# LGBT People Experience Domestic Abuse Too!

Friday 25<sup>th</sup> November 2011

10:00 am – 12.30 pm

Lesser Town Hall, Falkirk (beside the municipal buildings)

This FREE seminar will explore particular issues faced by lesbian, gay, bisexual and transgender people living with domestic abuse. Research tells us that around 1 in 4 LGBT people will experience some form of domestic abuse at some time in their lives.

This event aims to raise awareness of LGBT people's experiences of domestic abuse and start us thinking about how we can improve local service responses.

The seminar will be opened by **Lesley Irving** from the Scottish Government's Gender Equality and Violence against Women team. Speakers will include **Amy Roch** from the Scottish LGBT Domestic Abuse Project and **Anne Marriott**, Chair of the Forth Valley LGBT Development Group. A special presentation will be made by representatives from '**Voices Unheard**' – a domestic abuse project run by and for LGBT young people.

## Who should attend?

Anyone involved in service delivery  
Anyone involved in Equalities  
Anyone involved in Policy  
Any interested member of the public

## How do I register?

By e-mail – contact [Alicia.kirkwood@falkirk.gov.uk](mailto:Alicia.kirkwood@falkirk.gov.uk)

This event will formally open the 16 Days of Action for the Elimination of Violence against Women campaign in Forth Valley





## Football Clubs on the Ball with Awareness Raising

For the first time three different football clubs across the area will be supporting the 16 Days campaign. Alloa Athletic, Falkirk Football Club and Stirling Albion will all be choosing one particular match to send out a message that violence against women is wrong.

This is a unique opportunity to reach out to a large crowd of local supporters and visitors to let them know that local clubs are united in their pledge to never commit, condone or stay silent about violence against women.



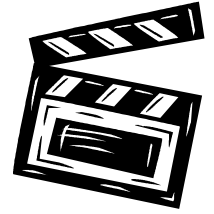
Our thanks go out to (l-r) Callum Hendry White Ribbon Scotland, Paul Hartley Manager Alloa Athletic, DCI Brian Johnstone Central Scotland Police, Steven Pressley Manager Falkirk FC, DC Alasdair Matheson Central Scotland Police, John Blackley Asst Manager Stirling Albion, Cllr Craig R Martin (Falkirk North)

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If you would like to know more about the 16 Days of Action campaign or would like to do something to support the campaign next year why not visit the official website at

[www.16dayscwgl.rutgers.edu](http://www.16dayscwgl.rutgers.edu)

## Thought provoking films .....



The Hippodrome in Bo'ness is showing 4 films during the 16 Days campaign, all of which come highly recommended.

### **Restless (cert PG):**

Reliable and edgy veteran director Van Sant ('Milk', 'Good Will Hunting') brings an unexpected tenderness to this tale of a pair of teenage misfits who fall deeply and uniquely in love. Wasikowska is Annabel – a charming cancer patient with a love of life, who first encounters Enoch at one of the many funerals he likes to attend, a lonely young man whose only other friend is Hiroshi – the ghost of a Kamikaze fighter pilot.

(Fri 25<sup>th</sup> Nov 8:00pm; Sat 26<sup>th</sup> Nov 7:30pm; Sun 27<sup>th</sup> Nov 2:30pm; Wed 30<sup>th</sup> Nov 8:00pm)

### **We Need to Talk About Kevin (cert 15):**

Multi-award winning Scottish director Lynn Ramsay successfully adapts the weighty novel about a woman who reluctantly sets aside her career to start a family only to find her new baby challenges her from the start. A horrific act by the 15-year-old Kevin is at the apex of a narrative that examines motherhood, nature/nurture and grief. A fearless, riveting and brilliantly structured film with a remarkable colour and sound design and a blistering performance from Tilda Swinton at its core.

(Sat 26<sup>th</sup> Nov 2:30pm; Sun 27<sup>th</sup> Nov 7:30pm; Mon 28<sup>th</sup> Nov 11:00am cuppa)

### **Tyrannosaur (cert 18): - introduced by a member of the 16 Days planning group.**

'Tyrannosaur' is the feature debut of actor/writer Paddy Considine. The story of Joseph, a man plagued by a violent rage that is driving him to self-destruction, and his redemptive relationship with fragile yet steely Hannah who is living with an abusive husband. The grim account of the corrosive effects of violence is leavened by its revelation of friendship in the darkest places. A thought-provoking meditation on society's hasty tendency to judge.

(Thurs 1<sup>st</sup> Dec, 7:30pm)

### **Angry Man**

Angry man is a short, award winning, animated film that reminds us that **many children don't live safely in their own homes**. These children are scared, feel forgotten and often blame themselves for the difficulties at home. This film is based on the book 'Angry Man' and was made to ensure this subject is more known and can also be debated. The secrets must be known. All adults have to make sure that nobody is afraid at home.

This affecting and tender film will be shown before each of the three main features detailed above.

**Hippodrome, 10 Hope Street, Bo'ness EH51 0AA**

**Tickets £5.55 (£4.25 conc.)**

**Cuppa screening with refreshments: £5.55**

**Cuppa film on its own £2.75**

**Steeple Box office: 01324 506850**

**Hippodrome Box office is open 45 minutes before each screening**

# White Ribbon Stirling



Stirling Council and its partner agencies became the first white ribbon city in Scotland earlier this year. The White Ribbon award is for Councils and local communities who wish to demonstrate their commitment to the aims of the White Ribbon Campaign. The White Ribbon Scotland campaign is for men and boys in Scotland who want to end violence against women .

A White Ribbon Ceilidh will be held in the Albert Halls, Stirling, on Thursday 8<sup>th</sup> December 2011 from 7:30pm until 10:30pm (families welcome). Tickets cost £5 and can be obtained from Anne Meikle, VAW Policy Coordinator ([meikleA@stirling.gov.uk](mailto:meikleA@stirling.gov.uk)) or call 07717 544926.

Why not visit the White Ribbon Scotland website and pledge never to commit, condone or stay silent about violence against women?

[www.whiteribbonscotland.org.uk](http://www.whiteribbonscotland.org.uk)

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The Howgate centre in Falkirk is supporting the campaign this year. Why not pop in on Saturday 26th November to see our information stalls, violence against women exhibition & and another few surprises

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*Thanks to the libraries across Forth Valley who are supporting the campaign by displaying posters and themed books to help raise awareness.*

*Stirling libraries have issued a book list covering a range of thought provoking fiction dealing with issues of violence and its effects. These books tell heart-warming as well as heart wrenching stories covering topics for discussion during the 16 Days*

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Open Secret will be holding open days in Alloa, Falkirk and Stirling on 23<sup>rd</sup> November to mark the 16 Days campaign - please contact Kati Immonen, Development Worker for more information ([Kati@opensecret.org](mailto:Kati@opensecret.org))

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Thanks to everyone who has contributed to our violence against women exhibition. The exhibition will be shown at our key events during the campaign. Sections of the exhibition will also be shown in selected libraries. For more information about the exhibition contact [Gail.cook1@tiscali.co.uk](mailto:Gail.cook1@tiscali.co.uk)

## Who to contact if you need help, advice or information

To report incidents of domestic abuse call Police HQs on 01786 456000 or dial 999 in an emergency. To speak to someone in the Police Domestic Abuse Unit, call 01324 574905 or email: [dau@centralscotland.police.uk](mailto:dau@centralscotland.police.uk)

### Women's Aid

Clackmannanshire	01259 721407
Falkirk	01324 635661
Stirling	01786 470897
Shakti	0131 475 2399 (support for BME women)
Hemat Gryffe	0141 353 0859 (support for BME women)

### Central Scotland Rape Crisis & Sexual Abuse Centre

Free confidential service of support & information for survivors of rape, sexual assault or child sexual abuse.

Telephone: 01786 471 771.  
Male helpline: 07733964478

**Open Secret** free confidential service to survivors (12+) of childhood sexual abuse.

Aloa	01259 729981
Falkirk	01324 630100
Stirling	01786 448504

**Victim Support** free, confidential support & advice

Aloa	01786 445782
Falkirk	01324 633433
Stirling	01786 445782

### Relationships Scotland – Couple Counselling Central Scotland

Appointments across Forth Valley: 01324 670067

**Signpost Recovery** support and direction for drug and alcohol misuse 0845 673 1774

### You can also speak to professional staff at your local GP practice or hospital

The Scottish Domestic Abuse Helpline number is free, confidential and available 24 hours a day, 7 days a week. Telephone: 0800 027 1234.

The Men's advice line is a confidential helpline for all men experiencing domestic abuse. Telephone: 0808 801 0327.

Broken Rainbow is the UK's only national LGBT domestic abuse helpline. Telephone: 0300 999 5428

The Respect helpline offers information and advice to people who are abusive towards their partners and want help to stop. Telephone: 0845 122 8609.